

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 Exercise ?____ Weight _____ % Far _____	2 Exercise ?____ Weight _____ % Far _____
3 Exercise ?____ Weight _____ % Far _____	4 Exercise ?____ Weight _____ % Far _____	5 Exercise ?____ Weight _____ % Far _____	6 Exercise ?____ Weight _____ % Far _____	7 Exercise ?____ Weight _____ % Far _____	8 Exercise ?____ Weight _____ % Far _____	9 Exercise ?____ Weight _____ % Far _____
10 Exercise ?____ Weight _____ % Far _____	11 Exercise ?____ Weight _____ % Far _____	12 Exercise ?____ Weight _____ % Far _____	13 Exercise ?____ Weight _____ % Far _____	14 Exercise ?____ Weight _____ % Far _____	15 Exercise ?____ Weight _____ % Far _____	16 Exercise ?____ Weight _____ % Far _____
17 Exercise ?____ Weight _____ % Far _____	18 Exercise ?____ Weight _____ % Far _____	19 Exercise ?____ Weight _____ % Far _____	20 Exercise ?____ Weight _____ % Far _____	21 Exercise ?____ Weight _____ % Far _____	22 Exercise ?____ Weight _____ % Far _____	23 Exercise ?____ Weight _____ % Far _____
24 Exercise ?____ Weight _____ % Far _____	25 Exercise ?____ Weight _____ % Far _____	26 Exercise ?____ Weight _____ % Far _____	27 Exercise ?____ Weight _____ % Far _____	28 Exercise ?____ Weight _____ % Far _____	29 Exercise ?____ Weight _____ % Far _____	30 Exercise ?____ Weight _____ % Far _____
31 Exercise ?____ Weight _____ % Far _____						

2010

Filename: Document2
Directory:
Template: C:\Program Files\Microsoft Office\Templates\1033\Calendar
Wizard.Wiz
Title: Calendar Wizard
Subject:
Author: Mike and Sue
Keywords:
Comments:
Creation Date: 1/5/2010 7:36:00 PM
Change Number: 1
Last Saved On:
Last Saved By:
Total Editing Time: 52 Minutes
Last Printed On: 1/5/2010 8:28:00 PM
As of Last Complete Printing
Number of Pages: 1
Number of Words: 0 (approx.)
Number of Characters: 5 (approx.)